

**NATIONAL SAFE
WORK MONTH
OCTOBER 2023**

*My health
for life* 

FREE HEALTH CHECK EVENT

Register for the *My health for life* National Safe Work Month Webinar. Be guided through the *My health for life* online Health Check to learn how demographics, health history and health behaviours influence the risk of developing chronic conditions.

Where: Online Webinar on Zoom

When: Tuesday 24th October 2023

Times: 12:00 - 12:45pm

Scan the QR code to register now



Find out more at myhealthforlife.com.au or call **13 74 75**

HEALTHIER QUEENSLAND ALLIANCE

